

Today's Take-Aways

Regional Updates

- While there has been a rise in positive COVID cases in the community connected to a tightknit community, Dr. Robert Cushman, acting medical officer of health for the RCDHU, said he was confident the outbreak was contained to that community.
- With news of the Health Canada approval of one of the first Canadian vaccines for COVID-19, conversations and preparations are taking place at all levels of government and regionally with regards to rollout and distribution. At this point our understanding is that doses will be made available by zone in the province which means that the areas most affected will be the first to receive the vaccine, starting in the long-term care sector.
- The Directive for long-term care on transition of patients has been relaxed for areas in green zones in the province. Additionally, for the first time since the start of the pandemic, our region's ALC numbers are below 600 in part, thanks to extra spaces being opened up.

Occupational Health and Safety

- Timeslots for this weekend's Flu Shot Clinic for family members of staff are nearly all booked.

Infection Prevention and Control

- Recent guidance from Public Health Ontario reinforces that 'covering the mouth, nose and mucous membranes is the critical PPE factor' in minimizing exposure risk. Anecdotally, healthcare worker exposures have been deemed "high risk" based solely on the absence of appropriate eye protection.

While physical barriers (such as Plexiglas) do serve a purpose in some instances or institutions, they can also present some challenges and may lead to a false sense of protection. At this time, physical barriers will not be routinely installed as an alternative option for universal eye protection. Instead, personal protective equipment is available to all staff, including PRH approved eye protection. With universal eye protection protocols now in place, areas where physical barriers were installed during the first wave of the COVID-19 pandemic may be re-evaluated.

Staff and Physicians are reminded to follow PRH protocols for universal masking and eye protection. Please remember that nursing stations are an extension of the clinical area and universal eye protection should be worn by staff who have patient or visitor interaction in these areas.

Visitor Policy

- Some changes have been made to the regional Visitor Policies, particularly in relation to patients receiving end-of-life care. Our policy is being reviewed to reflect this. In addition more guidance has been issued around essential care partners so that will be shared with units as appropriate.

Today's Take Aways...Continued From Front

Food Services

- A huge "Thank You" to our Food Services team who prepared and served approximately 600 turkey meals today on behalf of the hospital as a thank you to all those who are part of our health care team.



GRATITUDE

Surgical Program:

- Celebrating **Jennifer Wong** who assisted the Surgical floor Nov. 23 and delivered flu shots!
- Celebrating **porters Phil, Candace and Gwen** who are always helpful in transferring patients from stretcher to bed and getting them to and from Medical Day Care.
- Celebrating **Connie Marquardt** on Nov. 16 for assisting with the discharge plan for a complex patient on Medical 3B.

Maternal Child Care:

- Numerous staff tested for COVID across the hospital - all negative - we are doing something right!
- Celebrating **Dr. Nicholson** who is coming to work with us.
- Celebrating everyone who is adapting to the new protocol for universal eye protection.

Rehabilitation:

- A special thank you from one of our patients who wanted everyone to know about the excellent care they are receiving as a Rehab patient.

Acute Mental Health:

- Welcome **Emeli** who is cross-training to support Medical and Maternal Child Care during shortages.
- Welcome to **April** who is grateful to all AMH staff who helped orientate her to the unit.
- Celebrating **Kirsten Johnson** for all the tremendous support and education and care she has shown for AMH staff and the unit.

Environmental Services:

- Celebrating **Brenda W.** for helping with cleaning of two droplet isolations in the OR Nov. 23.

Foundation News



AUTO LOTTO
CAR LOTTERY FOR HEALTHCARE

Pembroke Regional Hospital Foundation
Fondation de l'Hôpital Régional de Pembroke

www.autolotto.ca/car

Thank you for supporting our Auto Lotto Car Lottery for Health Care!

The winner of the 2020 Toyota GR Supra is Frank Adlam!



PRH CHRISTMAS SPIRIT WEEK 2020 It's Time To Have A Little Holiday Fun

Send selfies/team photos to pr@prh.email or schedule a photo by calling extension 6165



December 14 - Red and Green Day
December 15 - Holiday Sweater Day
December 16 - Christmas Character Day
December 17 - Christmas Accessory Day
December 18 - Santa or Elf Hat Day



Guardian Angels

Please join us in congratulating Betty-Ann Spence, RN Medical, for her recent nomination as a Guardian Angel.



Week #21 Winner
Congratulations
Art Horricks
Weekly Pot \$3,133

Winning ticket #U-3843038
Card #3 - 5 of Clubs

Catch the Ace Drive Thru Sponsors
DECEMBER

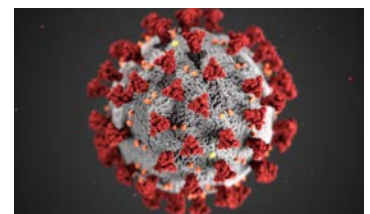
McCrea EXCAVATING
RONDAL Electric
407 BOUNDARY RD.
613-732-2681

THANK YOU!

Week 22 Draw is now LIVE!
Jackpot is estimated to be over \$63,000 next week!
PRHcatchtheace.ca

Current Facts and Figures

- **Renfrew County:**
 - 33 active cases, 1 death
 - 42,152 tests completed
- **Ottawa:**
 - 379 active cases, 382 deaths
- **Ontario:**
 - 19,925 active cases, 3,836 deaths



CONSTRUCTION CORNER

Tower A:

- Work is progressing in the 1A North Wing. Three new room dividing walls have been installed. The contract for upgrading the electrical panels and wiring was awarded to Frank's Electric who will be starting work in the week of December 7th.

- The roofing contractor completed the two remaining smaller roofs next to the Chapel. Remaining work includes installing brown metal flashing around the low protective wall along the edge of the roof and installing ballasted safety rails.

- Repairs were completed on both the garbage and cardboard compactors. A new door was installed on the garbage compactor since the existing one was warped. On both compactors, new back door seals were installed, as well as, metal overhang canopies and side rubber flaps to help keep the rain and snow from coming in at the front doors.

- New door operators were installed on both elevators.

- Maintenance and Housekeeping staff working together started cleaning ceiling exhausts and diffusers. Areas completed to date include the Kitchen, the Lab and parts of ED/ICU.

Tower B:

- The nurse call wiring and device was installed for the Rehab Roof Project.

Tower C:

- In the C142 Boardroom, the back wall decorative panel structure was modified for the installation of two new large TVs screens and system for improved video conferencing.

Tower D:

- Wall protection was installed on the 2nd floor for the Steripro carts.

- Wifi antennas are being upgraded in the ceilings of all the towers for improved data communication.

Parking Reminders

- Please respect posted parking signage and recognize that you will be subject to a fine when parked contrary to the posted signage.

- Not finding a parking spot is never a reason to park illegally.

- If you can't find a spot in one of the designated lots for those with hangtags, call (613) 635-7275 for further direction.

- Parking is regularly enforced by SP+ with staff that is authorized to issue City of Pembroke tickets for parking infractions on any of the PRH lots.

Winter Parking:

Please recognize that winter conditions are arriving so remember that parking spaces are the same size in the winter as in the summer.

You may be contacted to move your vehicle if it is not parked appropriately.



Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to: www.theroyal.ca/covid-frontline-wellness

It's simple. It's confidential. It will help.

If you are a health care worker* impacted by stress related to COVID-19, please reach out.